



VICTORIA POLICE

Questions Regarding Medical Standards

I had a childhood fracture/sprain etc. Do I need an Orthopaedic report?

If you have a deformity or impairment of function as a result of your injury, your assessing doctor will help to determine if this is required. Your GP may wish to provide a report about any minor injuries to help progress your application.

I had a shoulder dislocation/ knee reconstruction/back surgery. Can I apply?

All significant injuries will require a report from the treating specialist (i.e., Orthopaedic surgeon, physiotherapist etc) and clearance from treating specialist(s). Suitability is not guaranteed.

I have lower back pain. Can I apply?

You may require a report from a treating practitioner (ie. Orthopaedic surgeon, physiotherapist etc.) and suitability is not guaranteed.

I had childhood asthma. Do I need a report?

If you had childhood asthma you will be required to undergo a Bronchial Provocation Test that your GP can organise. You may require further treatment if testing is positive for Asthma.

I take medication for asthma. Can I apply?

You will require a report from a Pre and Post Spirometry which your specialist or GP can organise. You will also be required to provide an Asthma Management Plan.

I have Diabetes. Can I apply?

You will need a report from your treating Endocrinologist. As a Police Officer, the Inherent Requirements include that you may not have access to food, water, or medications for up to 12 hours at a time, therefore you will need to demonstrate that your condition is stable and medically well managed.

I have a history of mental health issues, can I apply?

You will need to provide reports from your GP, Psychiatrist and/or Psychologist. You may be required to undergo further assessment. Mental health issues are assessed on an individual basis and suitability is not guaranteed.

I have Epilepsy. Can I apply?

You will need a report from your treating Neurologist confirming that your condition is stable and that you have not had a seizure free interval i.e., last ten years and details regarding investigations and treatment. Your clearance will be conditional on your adherence to your treatment regime.

I have Crohn's Disease/Ulcerative Colitis. Can I apply?

Each case will be assessed individually based on reports from your treating specialist to determine if you are medically suitable. At present colostomies and ileostomies are not considered suitable.

What is required for Hepatitis B?

As part of the application process, documentation is required to state that you have either commenced the Hep B vaccination process or you have immunity to Hepatitis B.

The standard Hep B vaccination schedule usually consists of 3 injections. It is the responsibility of the applicant to follow and complete the immunisation schedule. To prove immunity, a blood test result is required to show that your Hep B sAb levels are greater than 10. This test is usually done at least 1 month after the last scheduled injection. If you have a low level of immunity, you may require a booster injection followed by another blood test. This process is arranged through your treating GP.

I take Warfarin tablets to thin my blood. Can I apply?

Generally, no. Police Medical Standards do not permit blood thinning medications such as Warfarin and Clexane. You may apply once you have completed treatment and no longer require this medication. Aspirin is permitted.

I am colour blind. Can I apply?

Yes. However, the Inherent Requirements of Operational General Police Duties requires the ability to name and identify the colours of vehicles and clothing. As there are different types of colour deficiency, each case will be evaluated individually based upon the type of colour deficiency. If a colour deficiency is identified by your Optometrist or Ophthalmologist, a screen based Practical Colour Test may be required during the medical stage of the application process.

I wear glasses. Can I apply?

Your vision must meet certain minimum standards. Unaided visual acuity, if due to a refractive error, must be at least 6/36 (without error) in the worse eye and at least 6/18 (without error) in the better eye. Corrected distance vision of at least 6/9 in either eye and 6/6 when both eyes are used together.

Do I have to buy polycarbonate glasses even though I don't know whether I am suitable or not?

You do not need to purchase polycarbonate glasses until you have received the final Letter of Offer from Recruitment to enter Academy Training.

Can I get laser eye surgery to correct my vision?

Yes, however undergoing laser eye surgery is a personal health decision. Suitability is not guaranteed.

Other visual considerations.

Please note, other visual considerations such as impaired depth perception, eye suppression or impaired field of vision can result in your application being found unsuitable.

I wear hearing aid(s). Can I apply?

Applicants who have been fitted with hearing aid(s) that reach the medical stage of the pre-employment process, will need to provide **a report** (from treating Audiologist) after 3 months of use.

I have a pending DVA claim. Can I apply?

It is recommended that any pending claims be finalised prior to application.

I have ADHD. Can I apply?

Yes, however the use of ADHD medications are not compatible with policing and we require a 12 month medication free period.

I am a transgender applicant. Can I apply?

Yes, all applicants are assessed on an individual basis.

Is there a BMI requirement?

No, however there are certain health and fitness considerations for various BMI ranges which may require further testing and reports.

I am having an issue with Online Medical Booklet, who do I contact?

HR-assist@police.vic.gov.au

Any other medical questions?

If you have any concerns about a pre-existing medical condition, complete a
PRELIMINARY ENQUIRY OF MEDICAL CONDITION FORM

The form can be downloaded from the Victoria Police Careers webpage.

<https://www.police.vic.gov.au/police-forms>

This completed form should be emailed to: Recruit-medicalenquiries-mgr@police.vic.gov.au