



VICTORIA POLICE

Acute Myocardial Infarction

Medical Standard

May be fit for unrestricted duties if all are true:

- Meets the NTC Fitness to Drive Commercial Drivers Standard
- The AMI was at least 2 months ago
- Asymptomatic
- Tolerates medications and there are no contraindications outlined in the additional advice "Medication Considerations"
- Achieves ≥ 12 METS on EST
- Resting left ventricular ejection fraction (LVEF) is greater than or equal to 50%
- 5-year probability of a recurrent ischaemic event using cvdcheck is no more than 5%
- Risk of acute incapacitation from a cardiac event is $<1\%$
- Clearance by a cardiovascular specialist who has read, understood and acknowledges the patient will be able to safely and effectively perform the inherent requirements of an operational general police officer and protective services officer.