



VICTORIA POLICE

# Atrio-ventricular (AV) Block

## Medical Standard

May be fit for unrestricted duties if all are true:

- Meets the NTC Fitness to Drive Commercial Drivers Standard
- First degree
- Second degree if all are true:
  - Type I (Wenckebach)
  - Asymptomatic
  - Has no worsening of block on EST
  - Achieves  $\geq 12$  METS on EST.
- Congenital complete heart block if all are true
  - No associated syncope
  - QRS is not widened
  - Normal HR response to exercise.
- Clearance by a cardiovascular specialist who has read, understood and acknowledges the patient will be able to safely and effectively perform the inherent requirements of an operational general police officer and protective services officer.