



VICTORIA POLICE

Angina Pectoris

Medical Standard

May be fit for unrestricted duties if all are true:

- Meets the NTC Fitness to Drive Commercial Drivers Standard
- Any unstable angina was at least 3 months ago
- Has stable angina. Cannot have any unstable angina as defined by Braunwald classification
- Is asymptomatic (no higher than NYHA I classification)
- Tolerates medications
- Achieves ≥ 12 METS on EST
- 5-year probability of a recurrent ischaemic event using cvdcheck is no more than 5%
- Risk of acute incapacitation from a cardiac event is $<1\%$
- Clearance by a cardiovascular specialist who has read, understood and acknowledges the patient will be able to safely and effectively perform the inherent requirements of an operational general duties police officer and protective services officer.