



VICTORIA POLICE

Atrial Fibrillation / Flutter

Medical Standard

May be fit for unrestricted duties if either:

- Lone atrial fibrillation or
- Anticoagulated for at least one month with acceptable INR (if indicated) or
- Ablation performed at least one month ago and cleared by electrophysiologist
 - AND
- Meets NTC Fitness to Drive Commercial Drivers Standard
- Achieves ≥ 12 METS on EST
- Clearance by a cardiovascular specialist who has read, understood and acknowledges the patient will be able to safely and effectively perform the inherent requirements of an operational general police officer and protective services officer.
- Tolerates medications and there are no contraindications outlined in the additional advice "Medication Considerations."