



VICTORIA POLICE

Acute Liver Disease

Gastroenterologist or Infectious Diseases Specialist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms and relevant investigation results including LFT's, imaging
- Treatment, effectiveness of treatment and any side effects

Medical Standard

May be fit for unrestricted duties if all are true:

- Fever/jaundice is absent
- Is not suffering from a bleeding disorder
- There is no evidence of liver failure
- The condition or treatment would not impact their ability to safely perform the inherent requirements of an operational general police officer and protective services officer
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May impact motor, sensory, and cognitive function

May cause loss of stamina



Chronic Liver Disease/Post Liver Transplant

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms and relevant investigation results including LFT's, imaging
- Treatment, effectiveness of treatment and any side effects
- MELD** score determination by a gastroenterologist
 - **Model for end-stage liver disease (MELD). A number that ranges from 6 to 40 based on Cr, Bilirubin, INR, Na

Medical Standard

May be fit for unrestricted duties if all are true:

- There is no chronic liver disease due to any cause
- Chronic Hepatitis B / C
 - Asymptomatic
 - Non-viraemic
 - Normal liver function tests and ultrasound
 - Could safely perform essential job tasks
- MELD score >10
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May impact motor, sensory, and cognitive function

May cause loss of stamina



VICTORIA POLICE

Diverticular Disease

Gastroenterologist / General surgeon

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms and relevant investigation results
- Treatment, effectiveness of treatment and any side effects
- Report from general surgeon if appropriate

Medical Standard

May be fit for unrestricted duties if all are true:

- There is no associated large volume rectal bleed
- There is no acute diverticulitis
- There is no obstruction due to diverticular stricture as confirmed by a General Surgeon
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May cause loss of stamina



VICTORIA POLICE

Gall Bladder Disease

General Surgeon

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms and relevant investigation results including LFT's, imaging
- Treatment, effectiveness of treatment and any side effects

Medical Standard

May be fit for unrestricted duties if all are true:

- There is no acute cholecystitis requiring cholecystectomy
- There are no gall stone colic episodes requiring cholecystectomy
- A minimum of 3-4 weeks has passed since laparoscopic cholecystectomy
- A minimum of 6-8 week has passed since open cholecystectomy
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation



VICTORIA POLICE

Gastrointestinal Reflux Disease (GERD)

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms
- Investigation results for atypical chest pain including cardiac evaluation and clearance, EST (if >35 years)
- Esophagogastroduodenoscopy (EGD) results
- History of treatment with proton pump inhibitors (PPI's)

Medical Standard

May be fit for unrestricted duties if all are true:

- There is no atypical chest pain
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May impact motor, sensory, and cognitive function

May cause loss of stamina



Hernias (inguinal, femoral, umbilical, ventral & incisional)

General surgeon

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Inguinal hernia: both symptomatic and asymptomatic has been effectively repaired
- Femoral hernia: both symptomatic and asymptomatic has been effectively repaired
- Umbilical hernia:
 - less than one inch extrusion beyond umbilical orifice
 - asymptomatic
 - no evidence of obstruction or incarceration.
- Ventral hernia: both symptomatic and asymptomatic has been effectively repaired
- Incisional hernia: both symptomatic and asymptomatic has been effectively repaired
- At least 4-6 weeks has passed since laparoscopic repair
- At least 6 weeks has passed since open repair
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation



VICTORIA POLICE

Haemorrhoids/Fissure/Anal Fistula

Gastroenterologist / Colorectal surgeon

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Complete amelioration of the following symptoms and signs:
 - Active rectal bleeding
 - Purulent discharge
 - Fever
 - Pain
 - Anaemia < 10g/dL Hb
- At least 4-6 weeks has passed post-surgery
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May cause loss of stamina



VICTORIA POLICE

Inflammatory Bowel Disease (IBD)

Includes ulcerative colitis and Crohn's disease

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Complete amelioration of the following symptoms and signs:
 - Diarrhoea (>3 episodes of bowel movements in an 8-hour period)
 - Abdominal pain (5/10 and above, for 1-2 episodes in an 8-hour period)
 - Fever >37.7 degrees C
 - Anaemia < 10g/dL Hb.
- Does not required narcotics
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May cause loss of stamina



VICTORIA POLICE

Irritable Bowel Syndrome (IBS)

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Investigation results to rule out Ulcerative Colitis or Crohn's Disease
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Complete amelioration of the following symptoms and signs:
 - Diarrhoea (>3 episodes of bowel movements in an 8-hour period)
 - Abdominal pain (5/10 and above, for 1-2 episodes in an 8-hour period)
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May cause loss of stamina



VICTORIA POLICE

Pancreatitis

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Investigation results to rule out Ulcerative Colitis or Crohn's Disease
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- There is no acute pancreatitis
- There is no chronic pancreatitis resulting in chronic pain or diarrhoea
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May impact motor, sensory and cognitive function

May cause loss of stamina



VICTORIA POLICE

Peptic-Gastric and Duodenal Ulcer or Zollinger-Ellison Syndrome

Gastroenterologist / General Surgeon

Investigations and Reports for Consideration

- Relevant medical records including but not limited to diagnosis, symptoms, relevant investigation results
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Complete amelioration of the following symptoms and signs:
 - Abdominal pain (5/10 and above, for 1-2 episodes in an 8-hour period)
 - GI bleeding (black stools)
- At least 8 weeks has passed post ulcer surgery
- At least 4 weeks has passed post-endoscopic therapy for bleeding ulcers
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May cause loss of stamina



VICTORIA POLICE

Post-Bariatric Surgery Complications

Gastroenterologist

Investigations and Reports for Consideration

- Relevant medical records including but not limited to current symptoms, relevant investigation results
- Treatment / treatment plan, effectiveness of treatment

Medical Standard

May be fit for unrestricted duties if all are true:

- Complete amelioration of the following symptoms and signs:
 - Anaemia < 9g/dL Hb
 - Proximal and distal muscle weakness in both upper and lower limbs.
- Able to safely and effectively perform inherent requirements of an operational general police officer and protective services officer without exacerbation or aggravation of condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

Increased risk of sudden incapacitation

May impact motor, sensory and cognitive function

May cause loss of stamina