



Diabetes Mellitus Type 1, 2

Endocrinologist or Physician with demonstrated knowledge in the current management of DM1

Investigations and Reports for Consideration

- Medical, laboratory, and pharmacy records from the last three years or from the date of diagnosis of diabetes mellitus (whichever is shorter)
- Physician evaluation form has been completed

Medical Standard

May be fit for unrestricted duties if all are true:

- Has been educated in diabetes and its management and thoroughly informed of an understands the procedures that must be followed to monitor and manage his/her diabetes and what procedures should be followed if complications arise
- History of blood glucose control with emphasis on stability and any episodes of hypoglycaemia or severe hyperglycaemia in the previous three years that required assistance of others or resulted in seizure or coma
- Knowledge of diabetes and its management with use of self-monitoring blood glucose
- Stability of treatment regimen and blood glucose is documented demonstrating a 3-month quantitative glucose testing schedule which assists in determining their ability to maintain his/her glycaemic levels in the range (71-299 mmol/L) that will not require frequent periods of restricted duty. Handwritten or typed logs are not acceptable. Data recorded by the meter which must be tamper-resistant or by treating provider laboratory results
- Control of glucose monitoring must be documented with HbA1c of <8% (obtained within 2 weeks)
- No episode(s) of severe hypoglycaemia within the past 3 years (or since diagnosis of diabetes (whichever is shorter)
- No evidence of severe non-proliferative or proliferative retinopathy
- No history of impairment (seizure, coma, or other conditions associated with diabetes). If the impairment is treatable, then suitability should be deferred until the treatment has been completed
- Meets the NTC Fitness to Drive Commercial Drivers Standard.



VICTORIA POLICE

Impact on Job Performance

May impact ability to meet cognitive, behavioural stability, sensory and perception, strength and mobility and health requirements.

Cannot qualify for an unconditional Commercial Drivers Licence per National Transport

Increased risk of sudden incapacitation



VICTORIA POLICE

Thyroid Disorders

Treating Doctor

Investigations and Reports for Consideration

- Medical records documenting diagnosis, laboratory findings, treatment and stability
- Indication as to whether there are any relevant requirements or restrictions. For example, a person with exophthalmos (due to hyperthyroidism) may require special eyewear to prevent irritation due to environmental factors (bright light, dust, fumes, or wind) or periodic breaks to instil eye drops

Medical Standard

May be fit for unrestricted duties if all are true:

- Asymptomatic
- Meets requirements outlined in cardiovascular and gastrointestinal system
- A history with medical evaluation support that is compliant with treatment
- Condition is well-controlled on a stable medication regimen or has been successfully treated
- Knowledgeable about their condition
- Meets the NTC Fitness to Drive Commercial Drivers Standard.

Impact on Job Performance

May impact ability to meet cognitive, behavioural stability, sensory and perception, strength and mobility and health requirements.

Increased risk of sudden incapacitation